

## **What our maths, English and science classes aim to teach**

Our academic classes aim to strengthen each child's understanding, confidence, and enjoyment of learning. We focus on building solid foundations in key skills, helping children feel capable and prepared in their school subjects. In maths, children learn problem solving, number confidence, and logical thinking. In English, they develop reading, writing, comprehension, and communication skills. In science, they explore ideas through clear explanations, hands-on activities, and simple investigations that deepen their understanding. The aim is to help children feel secure, motivated, and proud of their progress in all three subjects.

## **What children experience in a typical academic class**

During a session, children take part in activities that are structured, engaging, and individually tailored. They begin with gentle warm up tasks to build confidence, followed by focused teaching suited to their level. Children practise key skills, talk through their thinking, and complete tasks with guidance and encouragement. They learn in a calm, positive environment where questions are welcomed and mistakes are seen as part of learning. Each child receives personalised support so they move forward at a pace that is right for them, gaining clarity and confidence with each lesson.

## **What confidence-building looks like in academic sessions**

Confidence grows when children feel safe, supported, and understood. In class, they are guided step by step through challenges that match their ability. They learn that it is fine not to know something and that with practice they can improve. As they see their understanding grow, they become more willing to attempt tricky questions, share their ideas, and think independently. This confidence carries into school, helping them participate more, ask questions, and handle new topics with a positive attitude.

## **Age brackets for maths, English and science classes**

Our classes are designed to support children at every stage:

- Ages 5 to 7: Early number skills, phonics, basic writing, and simple science concepts for KS1
- Ages 7 to 11: Primary curriculum support, confidence-building in all subjects, SATs preparation for KS2

- Ages 11 to 14: Strong foundations for secondary school, deeper understanding, KS3 support
- Ages 14 to 16: Focused guidance for GCSE maths, English, and science with clear strategies and targeted practice for KS4

These age groups allow each child to learn in a way that suits their development and confidence, ensuring steady and meaningful progress.

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